



NO EXCUSES NO LIMITS MOVEMENT

ANNUAL REPORT

2025

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OUR MANDATE

Founded by Montréal-based dancer Luca “Lazylegz” Patuelli, No Excuses No Limits (NENL) was created to advance inclusion, accessibility, and excellence in dance while supporting the artistic creation, production, performance, and educational work of ILL-Abilities—an internationally acclaimed breakdance crew composed of dancers with disabilities. Together, they have pioneered a unique adaptive style of breaking that challenges perceptions and inspires audiences worldwide.

NENL fosters inclusion, collaboration, well-being, and mentorship by creating empowering experiences that unite the dance and disability communities. Through performances, festivals, educational programs, workshops, mentorship, competitions, and accessibility initiatives, we eliminate barriers and provide opportunities for people of all abilities to learn, perform, compete, and thrive. Our work empowers individuals to discover their potential while promoting social inclusion and advancing accessible dance in Canada and internationally.



MESSAGE FROM THE FOUNDER

For the No Excuses No Limits Movement and ILL-Abilities, 2025 was a year of meaningful growth, increased visibility, and deepened impact. Through our work in the arts, inclusion, and community engagement, we continued to create spaces that bring people together across borders and abilities.

A major highlight of the year was performing at the Opening Ceremonies of the Invictus Games, where we shared our message of resilience and possibility on an international stage. We also presented our first-ever three-day festival, welcoming artists from over 10 countries and celebrating creativity, diversity, and connection through dance and culture.

We were equally proud to launch Adap-Ta-Danse at the Académie de Danse de Montréal, further advancing our mission to make dance more accessible and inclusive for people of all abilities.

This year also marked important organizational milestones. We completed the necessary steps toward charitable status, strengthening the foundation for our long-term sustainability and growth. In addition, the No Excuses No Limits Movement received official recognition from the Hochelaga-Maisonneuve borough—an important acknowledgment of our ongoing commitment to inclusive spaces and community impact.

As we reflect on this year, we are deeply grateful to our partners, supporters, artists, volunteers, and community members who make this work possible. We look forward to building on this momentum and continuing to expand opportunities for connection, expression, and inclusion through the arts.



LUCA PATUELLI,
FOUNDER AND EXECUTIVE DIRECTOR



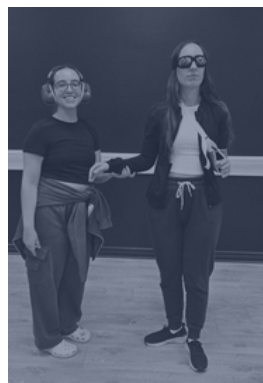
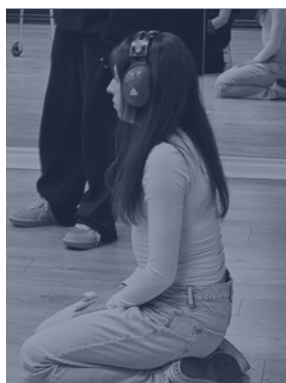
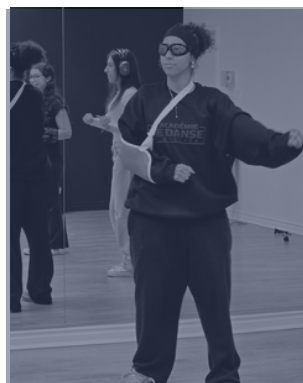
FEATURED PROGRAMS

ADAP-TA-DANSE

In partnership with Académie de Danse de Montréal, No Excuses No Limits Movement proudly launched the Adap-Ta-Danse program in 2025, an innovative initiative designed to make dance more accessible and inclusive for people of all abilities.



The program included the training of 10 dance educators in inclusive teaching practices, the delivery of 9 weekly student classes, and 2 public performances showcasing participants' growth, creativity, and talent.



This milestone represents an important step toward building a more accessible dance community and expanding opportunities for dancers with disabilities.

Partially funded by Canadian Tire Jumpstart

FEATURED PROGRAMS



NO LIMITS FESTIVAL



The No Limits Festival reached a major milestone by expanding into a three-day event for the first time, bringing together artists, dancers, educators, and community members from more than 10 countries for performances, dance battles, workshops, and cultural exchange.



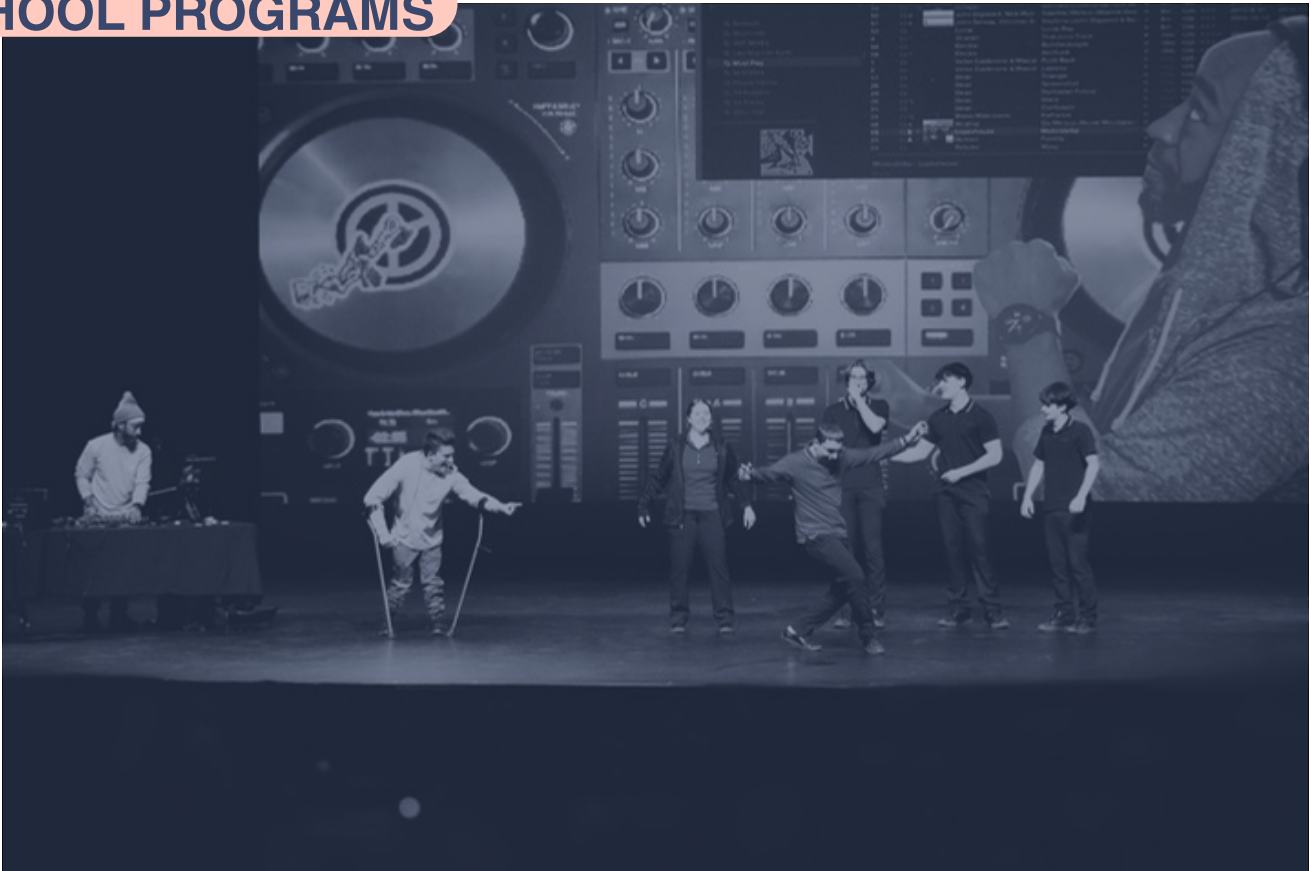
With daily attendance exceeding 250 participants and spectators, the festival significantly increased its impact while fostering inclusive artistic expression and community engagement.



The year also marked the strengthening of our partnership with Maison de la Culture Maisonneuve and official accreditation from the Hochelaga-Maisonneuve borough, recognizing our growing contribution to the cultural vitality of the community and our leadership in accessible and inclusive dance initiatives.

FEATURED PROGRAMS

SCHOOL PROGRAMS



The No Excuses No Limits Movement and ILL-Abilities delivered educational and motivational programs in more than 50 schools across Quebec, Ontario, and the United States, adding to our overall reach of 175,000 students and staff.

Through performances, presentations, and interactive discussions, these programs promoted inclusion, resilience, anti-bullying, and the empowerment of individuals of all abilities.





ILL-Abilities is NENL's international breakdance crew of nine active members from around the world. Since 2007, ILL-ABILITIES has performed in 25+ countries, inspiring over one million people worldwide. With members from Canada, the USA, Europe, South America, and beyond, they embody resilience and creativity.

ILL-Abilities' name plays on the word "ill", rooted in hip hop culture slang. Rather than meaning "unwell", the "ill" in ILL-Abilities refers to the amazing talent of the crew members, who inspire audiences through optimistic attitudes, personal stories and unique dance moves.

Crew Members:

- Redouan "Redo" Ait Chitt (The Netherlands)
- "Junior" Bosila Banya (France)
- Sergio "Checho" Carvajal (Chile)
- Jung Soo "Krops" Lee (South Korea)
- Jacob "Kujo" Lyons (U.S.A)
- Lucas "Perninha" Machado (Brazil)
- Luca "Lazylegz" Patuelli (Canada)
- Samuel Henrique "Samuka" da Silveira Lima (Brazil)
- Jean Sok (France/U.S.A)



ILL-ABILITIES 2025 PERFORMANCE & HIGHLIGHTS

INVICTUS GAMES



NO LIMITS FESTIVAL



FREESTYLE SESSION



OUR SUPPORTERS

NENLM is grateful to acknowledge the generous support of our funding partners during 2025, through whom our impact is made possible.

Canada 



AIR CANADA

Québec 



Canada Council
for the Arts

Conseil des arts
du Canada



CONSEIL
DES ARTS
DE MONTRÉAL

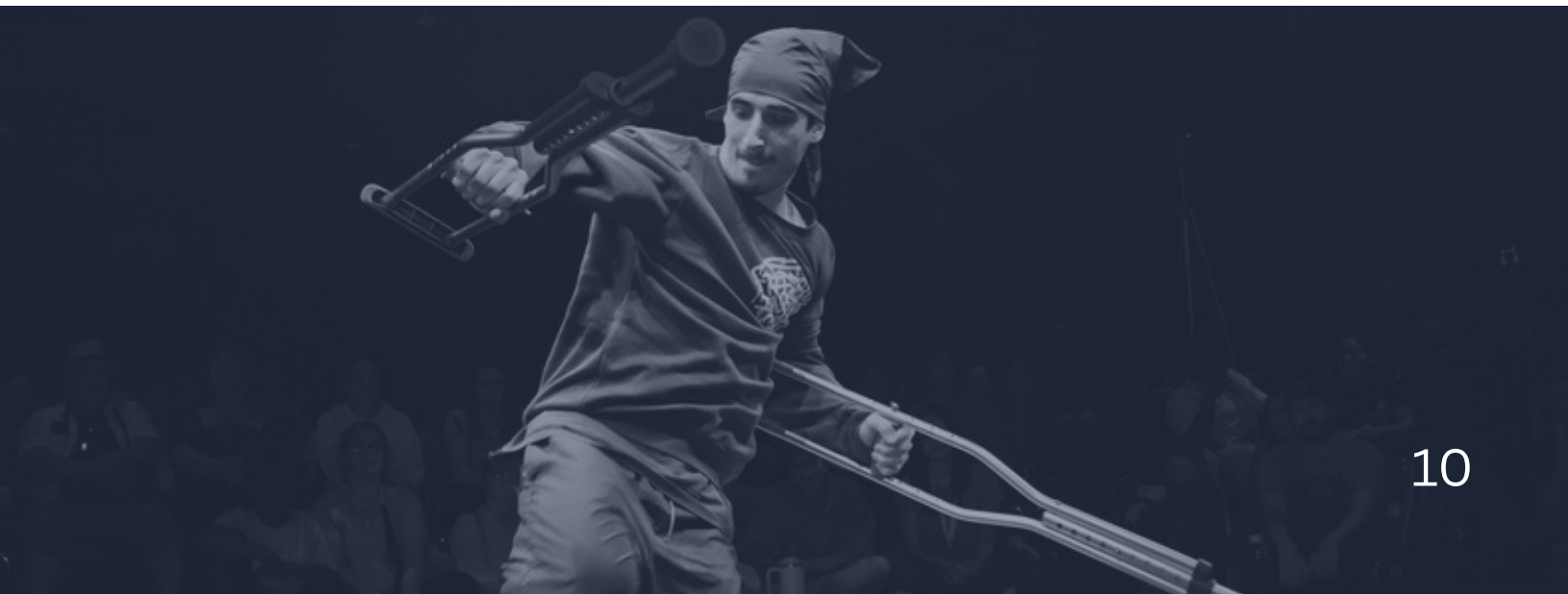
Montréal 



OUR PARTNERS



Survivre
Prévention en santé mentale.





NO EXCUSES NO LIMITS MOVEMENT

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No Excuses, No Limits!