

NO EXCUSES, NO LIMITS

Annual Report



2024




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OUR MANDATE

Founded by Montréal-based dancer Luca “Lazylegz” Patuelli, the No Excuses, No Limits (NENL) organization was created to spread a movement around inclusivity in dance and to support ILL-Abilities - an innovative dance crew comprising some of the world’s best B-boys who live with disabilities - in their creation, production, performance, and educational work. Together, they have developed a unique and powerful adaptive style of breakin’.

NENL has a mission to foster inclusion, collaboration, well-being and mentorship through producing empowering experiences that unite dance and disability communities by eliminating barriers and empowering individuals to discover and develop their potential.



A MESSAGE FROM THE FOUNDER



For No Excuses, No Limits, and for our ILL-Abilities crew, 2024 was full of incredible opportunities, adventures, and accomplishments, as well as challenges and growth. We continued to represent excellence in breakin' and adaptive dance, through competing at the Red Bull BC One World Finals in Brazil, performing on the global stage at the Paris Olympics and Paralympics with ILL-Abilities, touring in New Zealand and Slovakia and offering adaptive dance and educational programs to thousands of youth here at our home base in Montréal. We are excited to continue to grow and spread a message of inclusion in 2025 - stay tuned for more over the coming year!

LUCA PATUELLI,
FOUNDER AND EXECUTIVE DIRECTOR

A handwritten signature in blue ink, which appears to be 'Luca Patuelli'.

FEATURED PROGRAMS

ADAPTIVE DANCE



90 attendees

50 sessions

Free, drop-in, weekly dance class for youth living with disabilities. A small class size means students get tailored, individual support to help them find their capacity for self-expression through dance.

SUMMER CAMPS



25 campers

1 final showcase

Our annual Summer Camp collaboration with Camp Massawipp has been running since 2013, offering adaptive dance to campers who live with disabilities. The program ends in a showcase performance for friends and family.

OUR PROGRAMS

MENTORSHIP



4 mentees

One-on-one mentorship for dancers and educators, consulting and advice on accessibility and inclusive events and business tactics for artists.

SCHOOL PROGRAMS



40 + schools

10,000 students

School workshops in Québec and beyond that combine motivation, entertainment, and a celebration of diversity. This program encourages youth to believe in their unique potential and face difficulties with creativity. These workshops have reached over 150,000 youth.



ILL-Abilities is NENL's international breakdance crew of nine active members from around the world. Since 2007, ILL-ABILITIES has performed in 25+ countries, inspiring over one million people worldwide. With members from Canada, the USA, Europe, South America, and beyond, they embody resilience and creativity. ILL-Abilities' name plays on the word "ill", rooted in hip hop culture slang. Rather than meaning "unwell", the "ill" in ILL-Abilities refers to the amazing talent of the crew members, who inspire audiences through optimistic attitudes, personal stories and unique dance moves.

Crew Members:

- Redouan "Redo" Ait Chitt (The Netherlands)
- "Junior" Bosila Banya (France)
- Sergio "Checho" Carvajal (Chile)
- Jung Soo "Krops" Lee (South Korea)
- Jacob "Kujo" Lyons (U.S.A)
- Lucas "Perninha" Machado (Brazil)
- Luca "Lazylegz" Patuelli (Canada)
- Samuel Henrique "Samuka" da Silveira Lima (Brazil)
- Jean Sok (France/U.S.A)

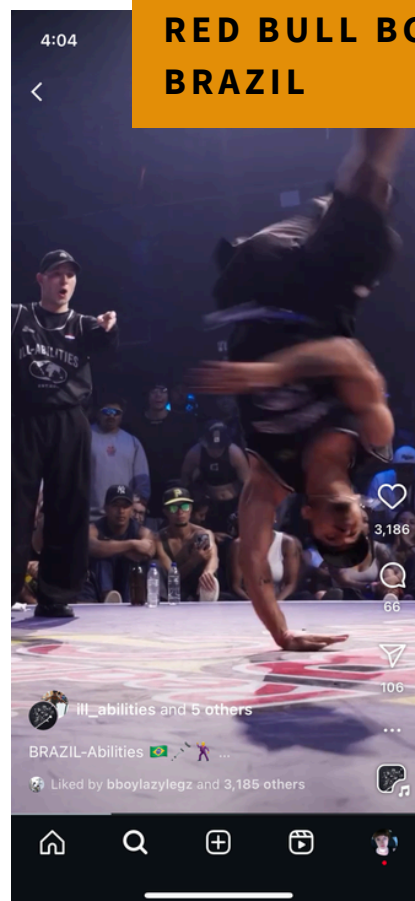


ILL-ABILITIES

2024 PERFORMANCE & HIGHLIGHTS



**OLYMPICS &
PARALYMPICS, PARIS**



**RED BULL BC ONE,
BRAZIL**



PROGRAM HIGHLIGHT

NO LIMITS FESTIVAL 2024

The No Limits Festival has been running regularly since 2008, over three days during the Summer in Montréal. The festival features world class b-boys and b-girls, including members of ILL-Abilities crew, musicians and DJs and local dance students of all ages and abilities.

Our 2024 festival attracted 500 attendees at the world renowned Grands Ballets in Montreal and featured including workshops, qualifiers, and a main event with international level judges, DJs, and an MC. The festival brings diverse people together - it is MCed in French and English and brings together the best of International and local talent in a celebration of creativity and expression for all. The festival raised over \$5,000 to support the National Dance Therapy Centre

**16 B-BOYS AND
B-GIRLS**

**1,000
ATTENDEES**

3 DAYS



NO LIMITS FESTIVAL



OUR SUPPORTERS

NENL is grateful to acknowledge the generous support of our funding partners during 2024, through whom our impact is made possible.



Canada Council
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du Canada



AIR CANADA
FOUNDATION



Red Bull



No Excuses, No Limits

info@noexcusesnolimits.com